

Our House is Your House

A strong neighbourhood is one in which its members get to know one another, take care of each other, and form bonds that transcend age, race, economic status, language, or physical or mental challenges.

A strong neighbourhood is part of the foundation of a city worth living in. It is a place where each member is valued as an individual and given opportunities to participate in the life of the community.

At Mount Pleasant Neighbourhood House, our goal is “making neighbourhoods better places to live.” We do that by offering a safe, supportive space where youth, seniors, new immigrants, the differently-abled, young parents, those who are isolated, people from all cultures and all walks of life come together to create community. We form the cornerstone of the eastern part of the Mount Pleasant, one of the most culturally diverse areas in the oldest part of the city of Vancouver.

We offer core services such as childcare, adult daycare, youth, and senior’s programs, and ongoing activities for people of all ages and abilities. Additionally, we rent out spaces to and work with community groups and organizations to research and develop, on an ongoing basis, services that reach and assist people in their daily lives. For example, parent drop-ins for Aboriginal, Spanish and Vietnamese-speaking families, line-dancing classes, and a comprehensive Community Literacy Program for newcomers are just some of the services we provide. We hold community events on a regular basis, such as our extremely popular Multicultural Dinners, where people from different backgrounds come together to cook, enjoy a meal and entertainment and learn about each other's traditions.

There is a sense of caring in the House, and it is a lively, interesting place every day. One former Board member describes MPNH: “It’s a haven for people who need to come in and get warm and to be treated as a real person.” In the words of a regular participant at the House: “This is a place where I feel at home.”