



*Come and learn practical skills to prepare a meal featuring Gambian dishes and BBQ!  
This is an opportunity to know your neighbourhood house, meet new friends and  
connect with others to learn and share culture and life in Canada.*



Halal Chicken (Gambian Flavour)



Burgers & Salad



Chakery

# Gambian Dinner & BBQ

Saturday, August 18

3:30-7:30 p.m.

**Mount Pleasant Neighbourhood House**

800 East Broadway, Vancouver

Unceded Coast Salish Territory

[www.mpnh.org](http://www.mpnh.org)

Childcare is available. Registration is required.

Suggested contribution:

\$5 for adults and \$2.5 children (5-12 years)

Subsidies offered to eligible families new to Canada

**For more information or to reserve a spot, please contact**

[LKassama@mpnh.org](mailto:LKassama@mpnh.org) or

call **604.879.8208 ext 223**

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