

Indigenous Gatherings

FAMILY RESOURCE PROGRAMS



Balancing our Wellbeing

for Indigenous Families

Mondays, May 13, 27 & June 10, 17, 24 | 12–2:30 p.m.

Childminding available and lunch is provided

This is a series of mini work shops that are Indigenous based, and they will be instructed by several different knowledge keepers, by telling stories or facilitating knowledge around Indigenous practices, and balancing them with our urban lifestyles.

Mount Pleasant Neighbourhood House

800 East Broadway, Vancouver
Unceded Coast Salish Territory

www.mpnh.org

To register please contact

Tracy Mclean:

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Registration required.



Vancouver Native Health
Indigenous Early Years
717 Princess Ave Vancouver, BC
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**Mount Pleasant
Neighbourhood House**