

CONNECTION. CELEBRATION. ENGAGEMENT. LEADERSHIP

歡迎持楓葉咭或公民咭  
的移民婦女參加

Newcomer and Immigrant  
Women are Welcome

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SETTLEMENT SERVICES



## 移民婦女互助小組 (普通話/廣東話)

### Healthy Living Support Group for Immigrant Women (Mandarin/Cantonese)

5月1日至6月26日, 逢星期五 | 下午兩點至四點 (ZOOM 網上聚會)

Fridays, May 1 to June 26 | 2 - 4 p.m. (Meet on ZOOM)

歡迎參加認識新朋友、分享生活體驗、了解加拿大文化、認識我們的社區  
及其他資源訊息。

Come meet new friends, share life experiences, and learn more about  
Canadian culture, our community and other helpful resources.

#### Mount Pleasant Neighbourhood House

800 East Broadway, Vancouver  
Unceded Coast Salish Territory

[www.mpnh.org](http://www.mpnh.org)

報名及查詢 For registration &  
information, please contact  
**Winnie Tam:** [wtam@mpnh.org](mailto:wtam@mpnh.org)  
604-879-8208 ext. 201



Mount Pleasant  
Neighbourhood House