



Mount Pleasant
Neighbourhood House

March 2021 Community Connections

Visit our website!
www.mpnh.org/community-connections-settlement-services/

800 East Broadway (at Prince Albert Street), Vancouver, Unceded Coast Salish Territories, V5T 1Y1

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
1	ECC – Beginners 12:30 – 1:30pm Online	2	IPALS For Spanish Speakers 6:00 – 7:00pm Online	3	ECC – Intermediate 10:30am – 12:30pm Online Spanish Speaking Group 5:00pm – 7:00pm Tax Workshop	4	Learning Circle Theme: 3:00 – 4:30pm Online	5		6	
8	ECC – Beginners 12:30 – 1:30pm Online International Women’s Day 10:30am – 12:00pm	9		10	ECC – Intermediate 10:30am – 12:30pm Online Between Women 5:00pm – 7:00pm Women’s Day	11	Spanish Speaking Group 6:00pm Tax for Small Business	12	Dialogue Circle Indigenous History & Culture 3:00pm – 5:00pm	13	
15	ECC – Beginners 12:30 – 1:30pm Online .	16	IPALS For Spanish Speakers 6:00 – 7:00pm Online	17	ECC – Intermediate 10:30am – 12:30pm Online	18	Men’s Group 10:00am – 12:00pm	19	Dialogue Circle Bring Your Own Suitcase 3:00pm – 5:00pm	20	
22	ECC – Beginners 12:30 – 1:30pm Online	23		24	ECC – Intermediate 10:30am – 12:30pm Online Spanish Speaking Group 5:00pm – 7:00pm Employment Advice	25	Men’s Group 10:00am – 12:00pm	26	Spanish Speaking Group Broadway Plan 6:00pm – 7:00pm	27	Cooking Club Columbia 12:00pm
29	ECC – Beginners 12:30 – 1:30pm Online	30		31	ECC – Intermediate 10:30am – 12:30pm Online Between Women 5:00pm – 7:00pm Resources	<p>To register or for more information, please contact: Lamin Kassama 604-879-8208 EXT 223 lkassama@mpnh.org Millie Martinez 604-879-8208 EXT 232 mmartinez@mpnh.org Morie Ford 604-879-8208 EXT 232 mford@mpnh.org</p>					

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Settlement Support

- 1 on 1 support and settlement counselling
- Information and referral to community resources
- Information on health care, legal system, education, employment, finances, housing, child care and more
- Help with filling out forms
- Leadership training
- Workshops
- Opportunities to meet new people and engage in community activities

Needs Assessment & Referral

Newcomers will meet either individually or as a family with a settlement worker to assess their needs and create a plan to integrate as new residents of Canada.

Short Term Life Skills Programs

These programs are 6 to 8 weeks in length and provide detailed information on specific life skills. Topics include parenting skills, women's support group, computer classes, anti-discrimination training and more

Individual / Family Settlement Counselling

Newcomers have an opportunity to meet with a settlement worker to receive support and guidance to understand and address challenges they may have as a newcomer to Canada

English Conversation Club (ECC)

Are you interested in practicing speaking English with topics about Canadian Culture that can help with daily life in Vancouver? Then this program is for you!

MPNH offers 3 types of English Conversation Club; Speak Together, Beginner and Intermediate.

These classes offer learning through guided lessons, games, grammar, activities, and conversations centered around Canadian cultures and traditions with the goal of building relationships and community fulfillment.

WHEN: Every Wednesday 10:30am to 12:30pm

Men's Outreach and Support Group

Men's Group

Impact Mentorship

Impact Mentorship

Employment

The RISE Program is an employment training and placement program for Indigenous, immigrant, and refugee youth and young adults (ages 15 to 24) to seek and obtain work experience in the social enterprise and community services sector. Contact Iman for more information.

Literacy

English Conversation Club

Family Literacy Outreach

Topical Workshops

Workshops are provided on different topics tailored to the needs of newcomers to assist in successful integration. Topics include transportation, the education system in Canada, housing, citizenship test preparation and more.

Newcomer Young Adults