



Family Resource Programs Fall-Winter 2021 September to December



**Mount Pleasant
Neighbourhood House**

Program/Dates/Time	Contact	Where
Indigenous Monday Night Dinners for families with children 0-12yrs old. Cultural and Family topics. Second/Fourth Monday re-opening September 27 , 6:00 to 7:30 p.m.	More info/pre-registration: Trish Johnny at tjohnny@mpnh.org	In-person @ MPNH (limited numbers)
Dads at Play! for dads with children 0-5yrs old. Re-opening on September 18 Saturdays 10:00 to 11:30 a.m.	Joseph at josephl@kitshouse.org Please specify MPNH program	In-person @ MPNH (limited numbers)
Creekside Baby Time Sing and Grow for families with babies 0-12 months old. Singing/Rhymes/storytelling and topics discussed. Friday 10:00 to 11:00am . First Session: October 1st.	Register at: https://forms.office.com/r/g6BDHVhHbW	In-person @ Creekside Community Centre (limited numbers)
Oruguitas Latinas for Latin-American Families with children 0 -5yrs. In Spanish - Twice a month: Friday or Saturday.	Register with Lina Larias@mpnh.org	Online Zoom/in-person
Nuevos Comienzos for Latin-American pregnant/new moms. In Spanish. Mondays, 10:00-11:30 a.m.	Register with Carmen/Millie	Online/in-person
Nobody's Perfect For families with young children 0-6 years of age. Weekly parenting discussions, Nov. 2 - Dec 7. Tuesdays a.m.	Register at: https://forms.office.com/r/g6BDHVhHbW	Online Zoom/in person
Just Play! Parent-Child Play & Circle Time. Tuesdays, October 5-26, 10:00 to 11:30 a.m.	More info/pre-registration: Melanie at mnguyen@mpnh.org	In-person @ MPNH (limited numbers)
YWCA Single Moms Program Every Monday evening 6:00-8:00 p.m.	To register call Joann at 604-219-8952	On-line

Program subject to change. For more information/registration contact Carmen at CContreras@mpnh.org

In collaboration with:



**Vancouver Aboriginal
Health Society**

Mount Pleasant Neighbourhood House

800 East Broadway, Vancouver
Unceded Coast Salish Territory

www.mpnh.org